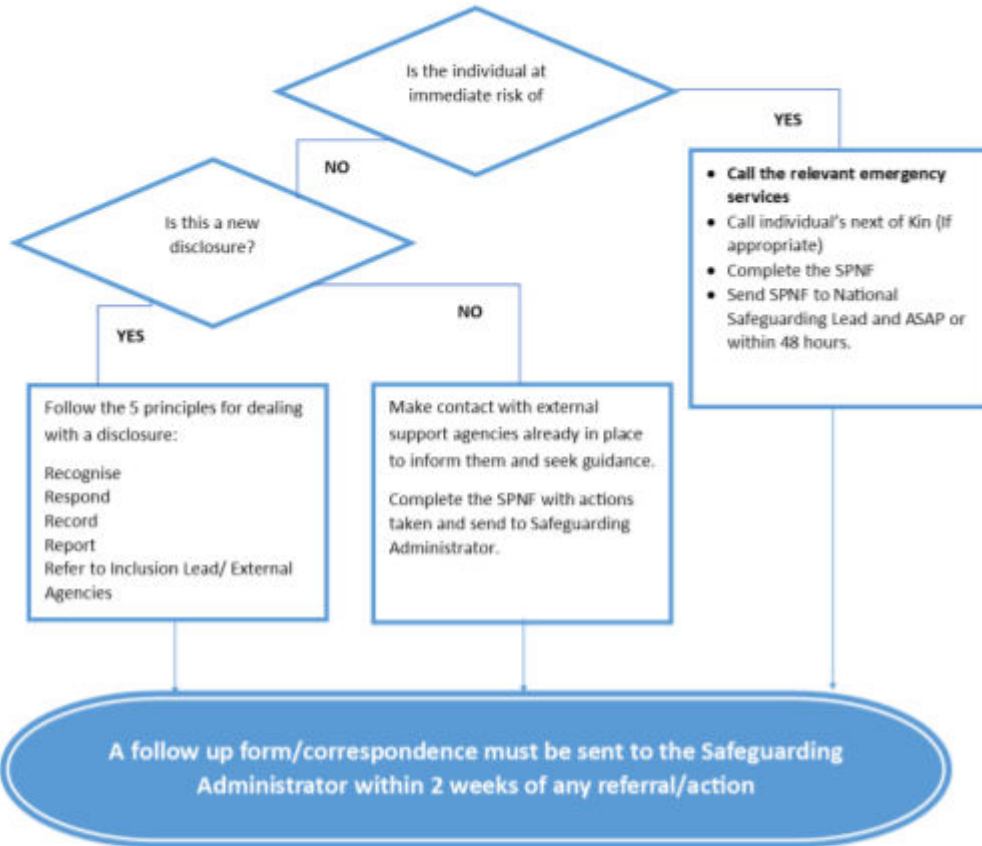


# Safeguarding Toolkit



Centre: Cumbria

Areas Covered: <https://www.britinfo.net/regions/cumbria.htm>

## NATIONAL HELPLINES

Organisation	Contact Details	Type
Police	101	Crime/Safety non-emergency
NHS	111	Health non-emergency
National Prevent Team	020 7340 7264	Radicalisation, extremism
Karma Nirvana	0800 599 9247	Forced Marriage, HBV
Women's Aid	0808 2000 247	Domestic violence
NSPCC	0808 800 5000	Concerns under 18's
FRANK	0300 123 6600	Drug abuse
Gingerbread	01616367519	Single parent group
FGM	0800 028 3550	Female genital
Samaritans	116 123	Emotional distress
AA	0845 769 7555	Substance and alco-

### For advice and guidance contact:

Dan Gagg-Designated Safeguarding Lead  
Mob: 07951 111 778  
E-mail: [dgagg@pareto.co.uk](mailto:dgagg@pareto.co.uk)



## LOCAL HELPLINES

Organisation	Contact Details	Type
Cumbria County Council	0300 303 3249	Multi Agency Team / Duty Social Workers
Cumbria County Council Adult Social Care	0300 303 3249	Adult Social Services
Cumbria Child Protection Team	01228 227 018	Child Social Services
Specialist SEND Support (Special Education Needs/Disability)	01228 226 824	Learning Difficulties Team
Cumbria Safeguarding Children Partnership	0333 240 1727	Child Sexual Exploitation Team
Cumbria Social Housing	01228 817 200	Homeless Team
Cumbria Victim Help Team	0300 303 0157	Victim Support
Cumbria Alcohol and Drug Advisory Service	0300 111 4002	Drug Support
Cumbria Council Child and Family Support	01228 227 018	Early Help Team
Sexual Healthline for Cumbria	0845 371 4037	Sexual Health
Saneline	0300 304 7000	Mental Health Service

## Graduated Response to Safeguarding Concerns

NOTE: This is a guide only

