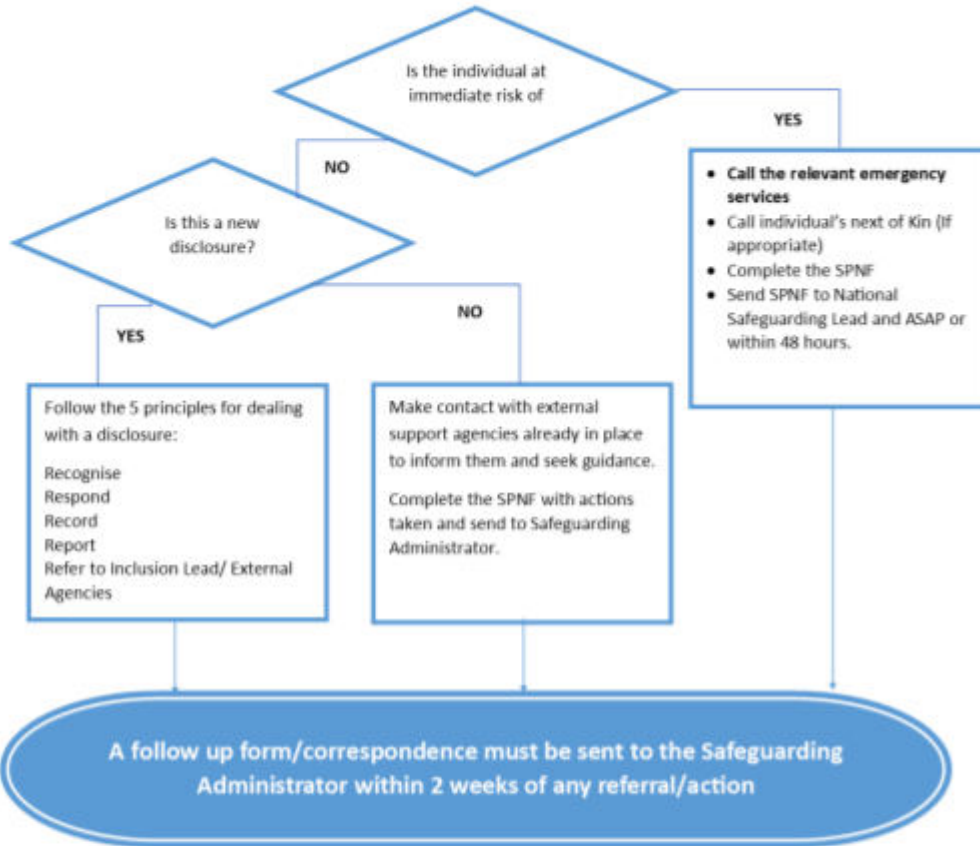


# Safeguarding Toolkit



Centre: Suffolk

Areas Covered: <https://www.britinfo.net/regions/suffolk.htm>

## NATIONAL HELPLINES

Organisation	Contact Details	Type
Police	101	Crime/Safety non-emergency
NHS	111	Health non-emergency
National Prevent Team	020 7340 7264	Radicalisation, extremism
Karma Nirvana	0800 599 9247	Forced Marriage, HBV
Women's Aid	0808 2000 247	Domestic violence
NSPCC	0808 800 5000	Concerns under 18's
FRANK	0300 123 6600	Drug abuse
Gingerbread	01616367519	Single parent group
FGM	0800 028 3550	Female genital mutilation
Samaritans	116 123	Emotional distress
AA	0845 769 7555	Substance and alcohol abuse

### For advice and guidance contact:

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